### DATA ANALYTICS

# USING INFORMATION FOR MEANINGFUL IMPROVEMENT

### **SWBA 30th Annual Benefits Compliance Conference**

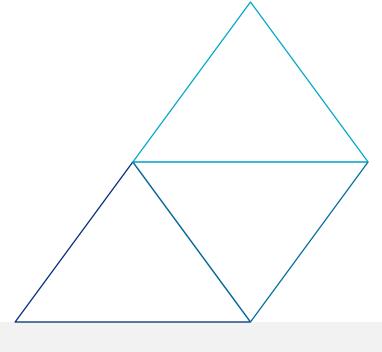
OCTOBER 24, 2019

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Data, Technology and Analytics Specialty Practice

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#### **DISCUSSION GUIDE**

- Brief Introduction
- Data Analytics
   — What It Is vs. What It Isn't!
- How Data Analytics Fits Into Benefits
- A Day In The Life Of Data Scientist An Analytics Expert
- Measurement Strategy Responsible Reporting
- Examples
- How Does This Lead To Solutions?
- Wrap-up and Questions

### INTRODUCTION WHO AM I?

- Currently a Principal at Mercer (13 years)
- CIGNA & UHC in HEDIS/quality, financial analysis and contracting/network development roles (6 years)
- Spent a year supporting the HCAHPS survey development & scoring, which looks at patient satisfaction after hospital stays
- Core Competencies: What does my job really require?
  - Unstoppable Curiosity there's always more to unravel!
  - Skeptical but un-biased!
  - Very "Can-Do" attitude: If you can ask the question, I can figure it out!
  - We love to teach people about whatever we found!

### DATA ANALYTICS WHAT IT IS VS. WHAT IT ISN'T

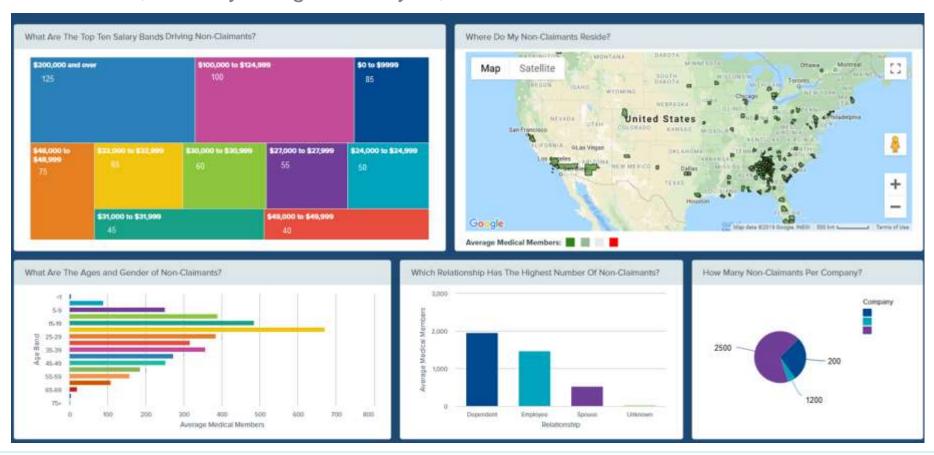
- Data analytics is about:
  - Finding answers & solutions
  - Solving the "What-if's"
  - Find root causes to issues
  - Finding & bringing good, actionable information to the table!
- Data analytics ISN'T:
  - A whole bunch of expensive software and tools
  - The most exciting adrenalin-filled job ever... (though it has its moments!!)
  - Just about big words like Artificial Intelligence and Machine Learning
    - These have their place... but not as part of the core work we do!

# REPORTING DATA WHAT IT USED TO (AND SHOULDN'T) LOOK LIKE!



### REPORTING INFORMATION WHAT IT SHOULD LOOK LIKE!

- When your analytics team brings you information... it looks like this.
- Otherwise, are they doing the analysis, or are YOU??



#### HOW DATA ANALYTICS FITS INTO BENEFITS

- Plan design
- Point solution programs:
  - Suitability
  - ROI/VOI, once program/solution is implemented
  - Do you have the right data to support?
- Understanding issues like:
  - ER Frequent fliers
  - Are UM/DM programs working?
  - Targeting education campaigns

# A DAY IN THE LIFE... (KEEPING THE ANALYTICS TEAM ENTERTAINED!)

A data analytics consultant never knows what their day will look like... Topics touched in a recent one week period:

- CFO considering point solutions- Should we? Can we? Real ROI expectations?
- Finalized an in-depth Expert Medical Opinion ROI analysis
- Significant fraud issue reported, then tracking across over 100 clients in 3 different databases, and figuring out who was most at risk for the NEXT round, and helping support efforts to curtail the exposure
- New infusion drugs in the pharmacy pipeline... and a client facing costs for three new Spinal Muscular Atrophy patients (\$1.7M Annually, estimated, each)- Good thing they took the high cost claimant reporting seriously last summer and bought stoploss!
- How do we educate about ER to the highest users (n=500) without sending out info to >50K employees?
- Un-official HIPAA training, enough to keep C-Suite leader from being dangerous!
- And about 30 more ad hoc/smaller requests that were ALL important.

### MEASUREMENT STRATEGY RESPONSIBLE REPORTING

- Similar to a physician, "And first, do no harm..." must be fair!
- Analytics approaches should be planned and unbiased
  - "How to Lie with Statistics" it's a real book!
  - To avoid bias- plan measurement strategy before a program even starts!
  - Leave egos & pre-conceived ideas at the door— or turn them into hypotheses, and test!
  - When the answer is not what you expect, figure out why!

# Let the data tell the story, DON'T make the data support the story!

## MEASUREMENT STRATEGY KEY QUESTIONS

How is success defined?

What metrics will answer our questions?

What questions do we want the data to answer?

What data do we have, and what do we need, and where will we get it?

Who is or are the recipient(s) of the information?

What format will tell the story best to each recipient?

What frequency is needed?

What actions do you expect the audience(s) to take based on the data?

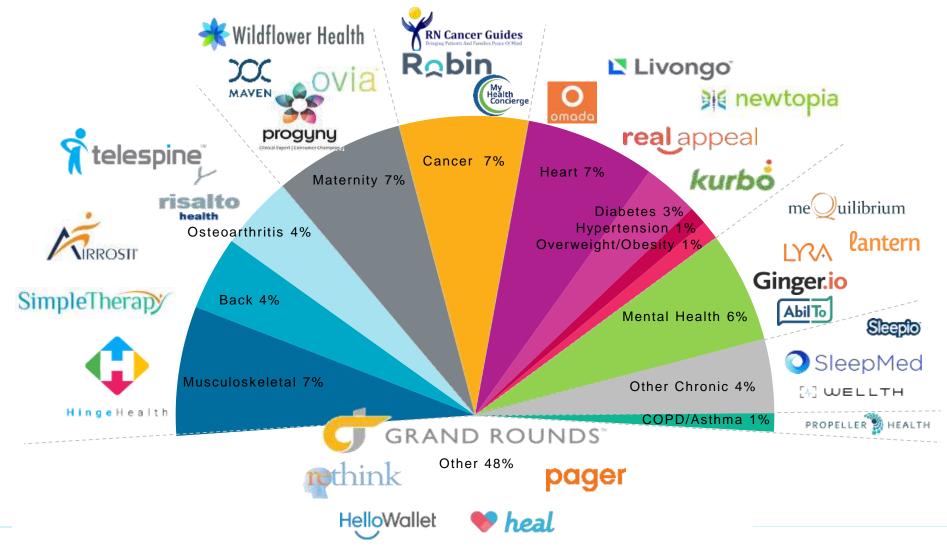
#### SO WHERE DOES "INFORMATION" LEAD YOU?

In the benefits realm, good information probably answers your questions— <u>but that doesn't mean you have a solution or action!</u>

Where does good information most often lead:

- Point solutions
  - That eventually need ROI measurement, to decide if they should continue!
  - MUCH easier if you plan early and contract with PGs!
- Education campaigns (and I don't mean postcards…)
  - Well targeted, but non-discriminatory campaigns!
- Very specific benefit design changes
  - Close loopholes
  - Avoid inappropriate OON leakage

## TURNING DATA INTO OPPORTUNITIES AN ABRIDGED GUIDE TO POINT SOLUTIONS



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### CLIENT FAVORITES HIGH VALUE PROJECTS

- Emergency Room Reporting (across multiple datasets)
  - Nice to Know vs. Actionable
  - Frequent Fliers & Root Cause
  - Family Analysis
- Wellness program that had a very significant impact on ER use
  - Also huge impact on preventive screenings and Gaps-in-Care

# SAMPLE DATA - ER ANALYSIS WHAT DOES NICE TO KNOW LOOK LIKE?

NYU ER Classification	Visits	Allowed Amt Total	Avg Allowed / Visit
Alcohol/Drug	19	\$25,456	\$1,340
Emergent	179	\$269,101	\$1,503
Injury	448	\$548,762	\$1,225
Intermediate	599	\$930,347	\$1,553
Mental Health	41	\$65,614	\$1,600
Non-Emergent	660	\$837,123	\$1,268
Unclassified	357	\$488,709	\$1,369
TOTAL	2,303	\$3,165,113	\$1,374

Top 5									
Diagnoses by Visit Count	Eme	ergent		Injury					
	Dx	Vis its	Allowed	Avg/Vst	Dx	Vis its	Allowed	Avg/Vst	
Diagnosis 1	Kidney's tones	50	\$94,650	\$1,893	Open wound face/head, except eye	46	\$60,878	\$1,323	
Diagnosis 2	Uns pecified as thm a	15	\$15,907	\$1,060	Injury/wound to fingers	26	\$25,065	\$964	
Diagnosis 3	Acute appendicitis w/o peritonitis	10	\$11,411	\$1,141	Head injury NOS	20	\$20,693	\$1,035	
Diagnosis 4	Intestinal obstruction NOS	8	\$13,390	\$1,674	Open wound hand except fingers alone w/o comp	11	\$16,334	\$1,485	
Diagnosis 5	Acute pancreatitis	7	\$5,353	\$765	Neck sprain	10	\$8,437	\$844	

# SAMPLE DATA - ER FREQUENT FLIERS WHERE ARE THE PROBLEM AREAS?

Visits/Mbr   Member 1	ER Visits Per 1000				Actives C	Only										
NV 2,995 \$1,615 193.3 12.4 40.4 50.1 58.1 30.1  CA 1,079 \$1,398 176.9 12.0 21.3 48.2 63.0 23.2  CO 1,364 \$1,365 134.9 7.3 22.0 33.7 49.1 19.1  AZ 1,503 \$1,779 113.1 14.0 18.6 27.3 30.6 20.6  UT 969 \$1,712 142.4 13.4 29.9 27.9 42.3 23.7  ID 688 \$900 95.9 7.3  Aggregate: 16,155 \$1,378 141.13 Methad Drug ER Visits/Mbr Member S 12 12 11 11 1 1 1 1 1 1 1 1 1 1 1 1 1	Avg Members Avg Allowed /			Emergent	Injury	Interme	diate	Non-Em	nergent	Uncl	assified					
CA 1,079 \$1,398 176.9 12.0 21.3 48.2 63.0 23.2  CO 1,364 \$1,365 134.9 7.3 22.0 33.7 49.1 19.1  AZ 1,503 \$1,779 113.1 14.0 18.6 27.3 30.6 20.6  UT 969 \$1,712 142.4 13.4 29.9 27.9 42.3 23.7  D 688 \$900 95.9 7.3  Aggregate: 16,155 \$1,378 141.13 MH and Drug ER Frequent Filers with 2 6 Visits / Member 1 1 1 1 3 5 2 1 11 \$17,714 \$1,555 \$1,378 141.14 \$1,355 \$1,378 141.15 Member 6 1 1 8 9 \$17,334 \$1,924 \$1,925 \$1,104 \$1,955 \$1,378 \$1,124 \$1,955 \$1,378 \$1,125 \$1,105 \$1,1744 \$1,555 \$1,378 \$1,1744 \$1,955 \$1,378	TX	7,556	\$1,145	126.0	10.2	25.3	34.5	5	32	.4	1	9.7				
CO 1,364 \$1,365 134.9 7.3 22.0 33.7 49.1 19.1  AZ 1,503 \$1,779 113.1 14.0 18.6 27.3 30.6 20.6  UT 969 \$1,712 142.4 13.4 29.9 27.9 42.3 23.7  D 688 \$900 95.9 7.3  Aggregate: 16,155 \$1,378 141.13 MH and Drug ER Frequent Fliers with 2 6 Visits Member 2 2 5 2 2 111 \$17,114 \$1,555 11 8 11 9 \$1,734 \$1,925 11 8 11 1 9 \$9,932 \$1,105 11 8 9 \$1,734 \$1,925 11 8 11 1 1 9 \$9,932 \$1,105 11 8 12 1 1 1 8 1 9 \$9,832 \$1,105 11 8 \$1,556 12 1 1 1 8 1 9 \$1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,734 \$1,925 11 1 8 1,735 \$1,925 11 1 8 1,734 \$1,925 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	NV	2,995	\$1,615	193.3	12.4	40.4	50.1		58	.1	3	30.1				
AZ 1,503 \$1,779 113.1 14.0 18.6 27.3 30.6 20.6  UT 969 \$1,712 142.4 13.4 29.9 27.9 42.3 23.7  ID 688 \$900 95.9 7.3  Aggregate: 16,155 \$1,378 141.13 MH and Drug ER  Frequent Filers with 2 6 Visits Visits Visits Allowed Aug/Vs with 2 6 Visits   Member 2   2   5   2   2   11   517,114   51,555    Member 1 1 1 1 3 5 2   11   9   \$30,932 \$1,100    Member 3 5 62   4   135   3   568   4   135   3   568   2   1005   3   568   2   1005   1   1752    Member 10 2 3 5 2 2 1 1 6   511,744   51,955    Member 10 2 3 3 1 6 8 \$0,920 \$1,155    Member 11 1 1 3 3 5 2 6 \$6,920 \$1,155    Member 10 2 3 1 1 6 \$51,744 \$1,955    Member 10 2 3 1 1 6 \$50,230 \$1,155    Member 11 1 1 3 3 2 6 \$6,920 \$1,155    Member 12 6 6 6 \$6,739 \$1,122    Member 12 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	CA	1,079	\$1,398	176.9	12.0	21.3	48.2	2	63	.0	2	23.2				
D   668   \$900   95.9   7.3	CO	1,364	\$1,365	134.9	7.3	22.0	33.7	7	49	.1	1	9.1				
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Nember   N						Frequent Fliers	rgen	ury	edia	nerg	ssific	Heal	ol/Dr		IOIAL	
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12			IMen	nbers						Visits				Visits	Allowed	Avg/Vst
Member 3	_	Vis	· ·			Member 1	1	1	3	5	2			12	\$30,925	\$2,577
8       1         6       7         5       62         4       135         3       568         2       1005         1       1752            Member 5       1       6       1       1       9       \$9,932       \$1,100         Member 6       1       1       8       9       \$8,880       \$987         Member 7       2       2       2       3       1       8       \$20,036       \$2,500         Member 8       2       2       2       2       6       \$14,447       \$2,400         Member 9       1       2       2       1       6       \$11,744       \$1,950         Member 10       2       3       1       6       \$9,230       \$1,530         Member 11       1       3       2       6       \$6,920       \$1,150         Member 12       6       6       6       \$6,739       \$1,120				1		Member 2	2		5	2	2			11	\$17,114	\$1,556
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Member 14 1 3 1 1 6 \$4,958 \$826										•						\$1,099 \$826

# SAMPLE DATA - ER CASES TOP 2 FREQUENT FLIERS - DEEP DIVE

Member Details	Service Month (Date blinded)	Diagnosis Description (5 Digit)	NYU ER Category	Allowed Amount Med	Net Pay Med
	March	Disorder of biliary tract NEC	Unclassified	\$3,591	\$787
	March	Right upper quadrant abdominal pain	Intermediate	\$3,780	\$2,835
<b>≅</b>	April	Backache NOS	Non-Emergent	\$2,039	\$2,039
sits	April	Acute pain NEC	Unclassified	\$2,307	\$2,307
Member 1 (12 Separate ER Visits)	April	Limb sw elling	Non-Emergent	\$1,620	\$1,620
Member oarate EF	May	Acute pain NEC	Non-Emergent	\$6,052	\$6,052
em	May	Open wound hand except fingers alone w/o comp	Injury	\$2,297	\$2,297
W Seb3	June	Renal colic	Emergent	\$1,687	\$1,687
12 S	June	Symptoms associated w female genital organs NOS	Non-Emergent	\$2,328	\$2,328
E	September	Abdominal painNOS	Intermediate	\$1,871	\$1,871
	October	Right upper quadrant pain	Intermediate	\$2,262	\$2,262
	October	Acute upper respiratory infection, unspecified	Non-Emergent	\$1,091	\$1,091
	January	Abdominal painNOS	Intermediate	\$1,757	\$1,659
	February	Sciatica	Intermediate	\$2,398	\$0
its)	February	Type II/NOS diabetes mellitus w/o comp NSU	Intermediate	\$1,551	\$427
Vis	March	Acute pancreatitis	Emergent	\$310	\$0
er 2	July	Lumbago	Non-Emergent	\$1,975	\$1,771
Member 2 oarate ER	July	Type II/NOS diabetes mellitus w ketoacidosis NSU	Emergent	\$398	\$398
Mei	September	Dehydration	Unclassified	\$606	\$606
Member 2 (11 Separate ER Visits)	September	Lumbago	Non-Emergent	\$2,904	\$2,904
12	October	Left upper quadrant pain	Intermediate	\$1,771	\$1,771
	October	Dehydration	Unclassified	\$1,818	\$1,818
	October	Left upper quadrant pain	Intermediate	\$1,627	\$1,627

### SAMPLE DATA - ER CASES IS RURAL USE THE ROOT CAUSE? ER Visits / Mbr Members 18 14 13 151 434 2,018 Members with ER Visits: 2,698

### SAMPLE DATA - ER CASES ALL IN THE FAMILY?

- After an initial look at the ER Frequent Flier population, it was very apparent that the frequent flier population is clustered within family units— as evidenced below.
- It appears that the majority of these visits (with one exception) for the most serious frequent fliers
  are \*mostly\* non-emergent in nature, and conditions that could be handled in a typical primary care
  setting— except that by the time the member is in the ER, it is too late.
- We have no way to look at the time of day on claims in the data warehouse. (Day of week was not significant— it rarely is.)

Grand Total

4,412

ER Visits (per Member)	Members	Total Allowed for ER Visits		otal Plan Paid for ER Visits
12	1	\$	26,130	\$ 19,976
11	3	\$	59,772	\$ 47,814
10	3	\$	56,357	\$ 31,587
9	2	\$	30,699	\$ 24,629
8	8	\$	114,464	\$ 94,105
7	12	\$	154,125	\$ 116,554
6	16	\$	212,501	\$ 152,352
5	37	\$	365,545	\$ 264,293
1-4 Visits	\$ 5,084	\$	12,695,584	\$ 6,418,679
Grand Total	5,166	\$	13,715,176	\$ 7,169,988

>	ER Visits (per FAMILY)	Families/ Subscribers	Total Allowed for ER Visits		То	tal Plan Paid for ER Visits	Family Member
	20	1	\$	30,619	\$	28,331	(9,5,3,2,1)
	15	1	\$	27,550	\$	23,255	(11,4)
	14	1	\$	31,727	\$	25,280	(7,5,2)
	13	2	\$	38,372	\$	28,514	(8,3,2) (5,4,2,2)
	12	2	\$	45,119	\$	32,943	(12) (11,1)
	11	4	\$	90,045	\$	67,334	
	10	6	\$	96,162	\$	68,591	
	9	7	\$	96,687	\$	61,068	
	1-8	4,388	\$	13,258,896	\$	6,834,673	

\$ 13,715,176 \$

7,169,988

#### Considerations

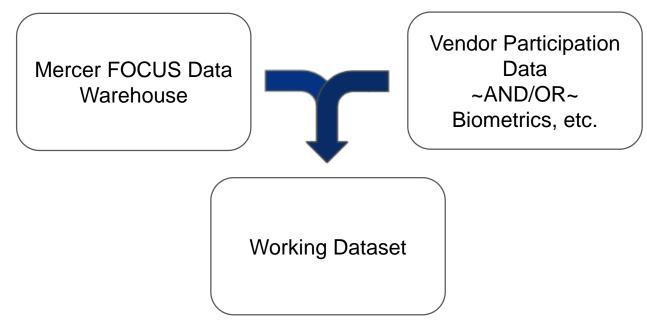
Benefit changes (i.e. higher copayments, etc. are not likely to make much of a difference to members like these, they are used to meeting their out-of-pocket maximum

Opting to stop paying ER claims for non-emergent diagnoses\* is an option for many clients— but in this case, there are business (i.e. bad debt increase) considerations that preclude this option.

\*Definition of "non-emergent" is often overly complex and problematic for this purpose.

#### ROI PROJECT APPROACH

Data was handled via cohort method:



Once this is accomplished, and participant/non-participant definitions are established, the working dataset can be used to report in various ways. (Note- multiple time periods/years are necessary)

This can be used with program participation information, HRA responses, biometrics, etc.

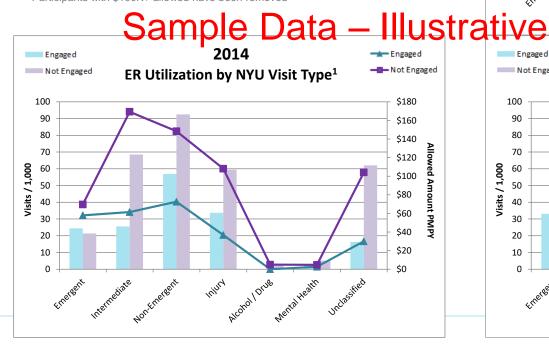
The figures on the following pages represent the year-over-year/concurrent control methodology.

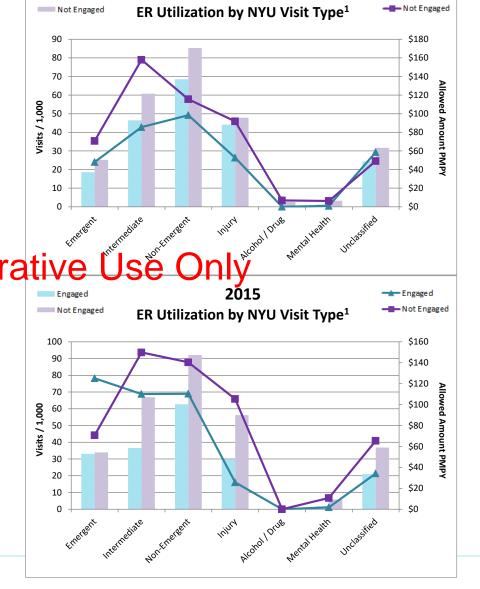
### PROGRAM IMPACT: EMERGENCY ROOM

Very clear difference in ER use & cost by program participants:

- ER categories defined by NYU logic
- For example, in 2014 & 2015, the lower use of ER resulted in \$XXM lower ER spend for program participants
- This is presumably due to relationships with primary care physicians, and increased preventive care

<sup>\*</sup>Participants with \$100K+ allowed have been removed





2013

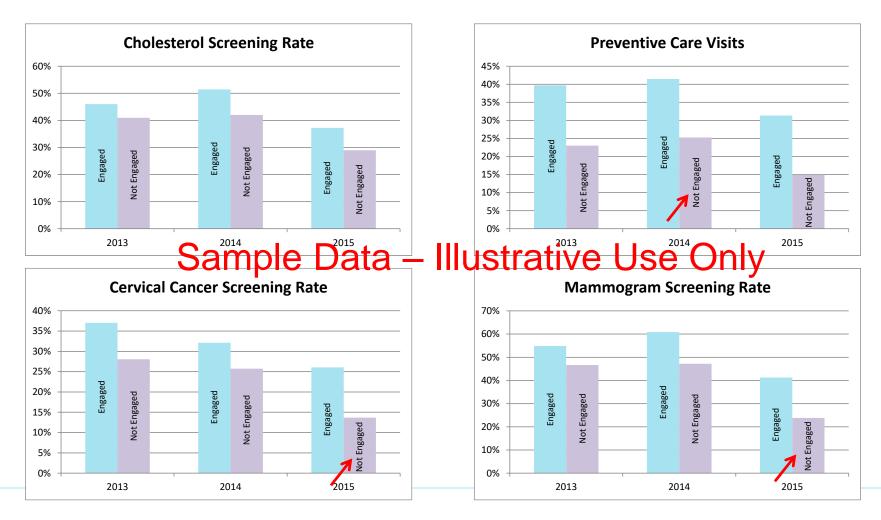
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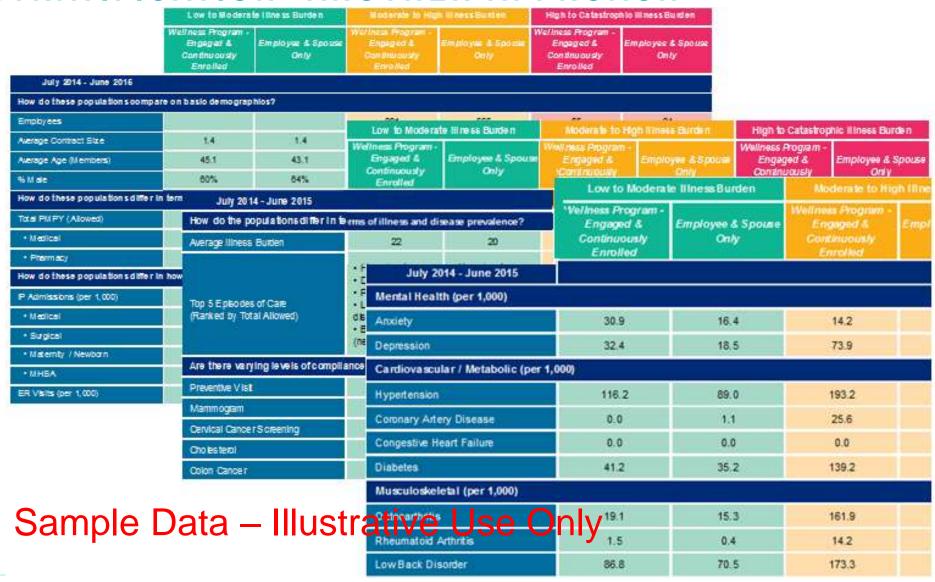
<sup>\*</sup>Participation required HA, Biometrics, and XXX+ points earned

### PROGRAM IMPACT ON PREVENTIVE SCREENING

- 2015 reflects YTD incurred- ratio is more important than the actual percentage
- Cannot extrapolate due to seasonal variation



#### RISK STRATIFICATION- ANOTHER APPROACH



### QUESTIONS & CONTACT INFORMATION

Ask away... there are NO dumb questions when it comes to data analytics!!!

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