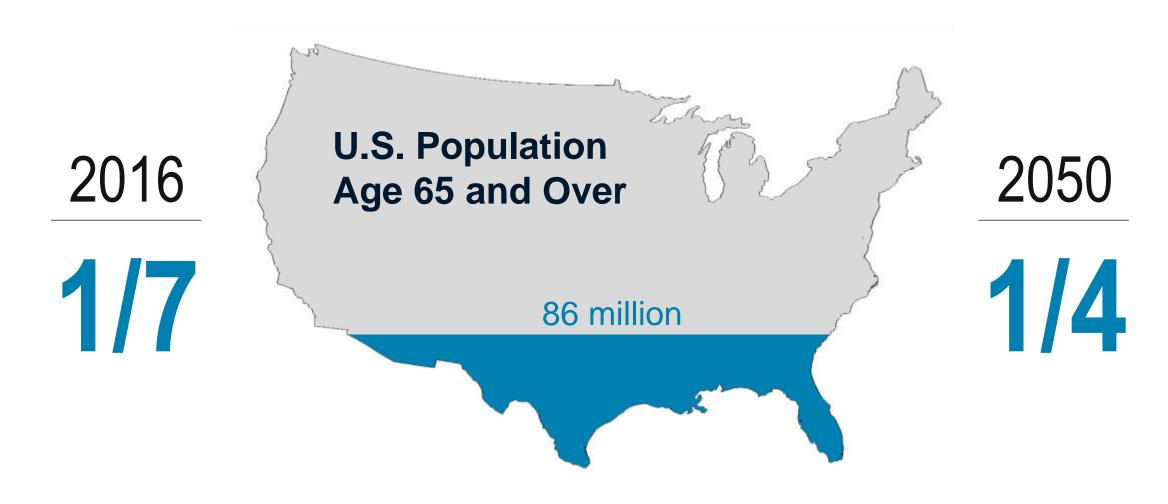


# Preparing for Longevity: Defining the Financial Wellness Challenge

**Michael Domingos** 

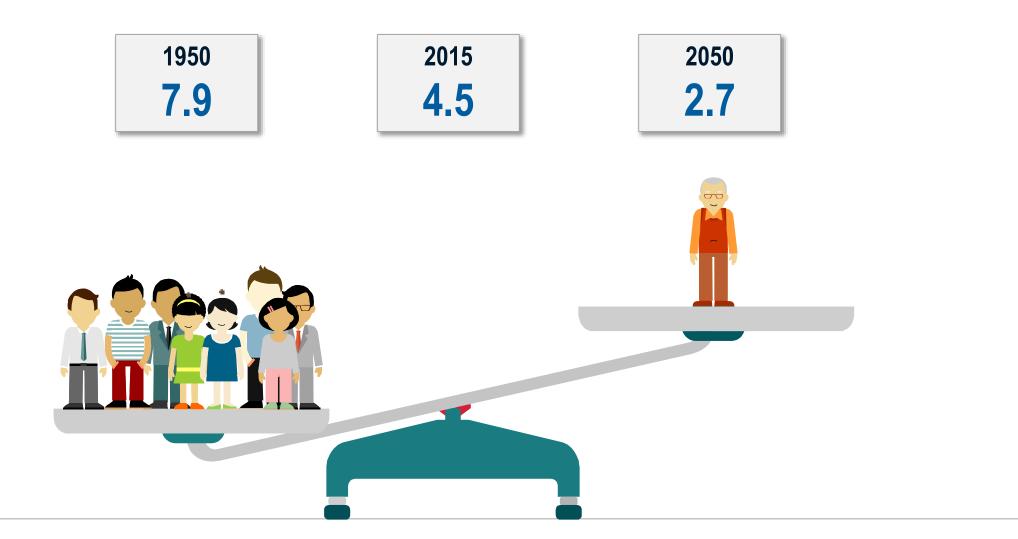
Prudential Retirement®

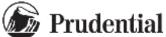
#### The Pace of Aging Across the United States is Breathtaking





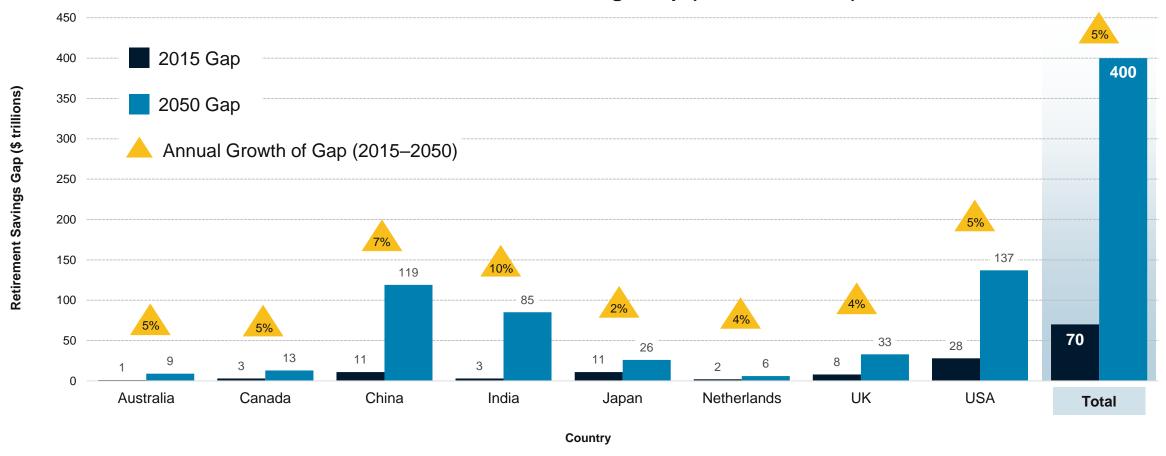
#### We Have Never Faced a Country Where So Few Would Support So Many





## The World Economic Forum Estimates a \$70 Trillion Global Retirement Savings Gap Today, That is Projected to Grow to \$400 Trillion By 2050

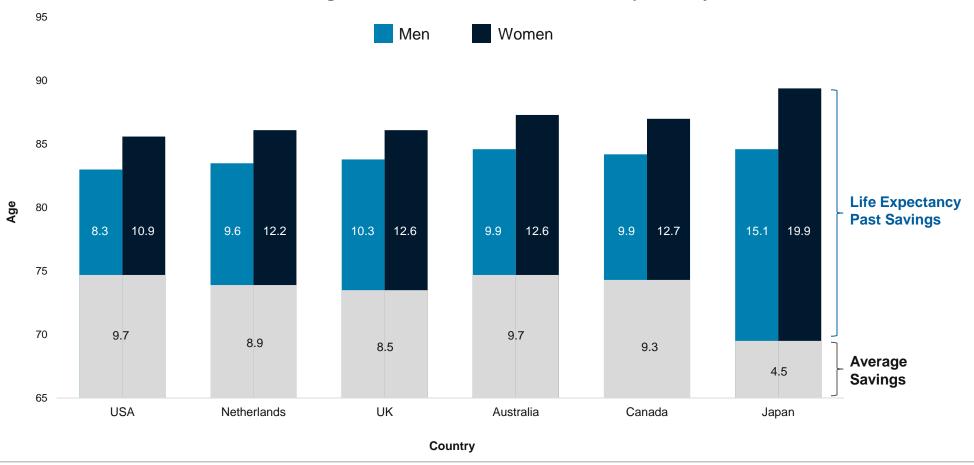






### On Average, Americans Are Prepared For Nearly 10 Years in Retirement, But This Leaves a Gap of 8 Years For Men and 11 Years For Women

#### Retirement Savings Deficit – Years Saved vs Life Expectancy





#### The Obstacles Standing in the Way of Individuals Achieving Retirement Readiness Are Grounded in a Lack of Financial Wellness

The Reality Some Solutions

25% spend their full paycheck or more every month<sup>1</sup>

60% don't have enough savings to cover a \$1,000 emergency<sup>2</sup>

28% of non-retired adults have no retirement savings or pension<sup>3</sup>

62% say that student loans impact their ability to save for retirement4

33% of millennials dipped into 401(k) to finance home purchase<sup>5</sup>

36% of HSAs have no contributions; 13% contribute the maximum<sup>6</sup>



Income planning and budgeting



**Emergency Savings account** 



Auto-enrollment and autoescalation in a 401(k)



Student loan benefit



Long-term savings for buying a home or saving for college



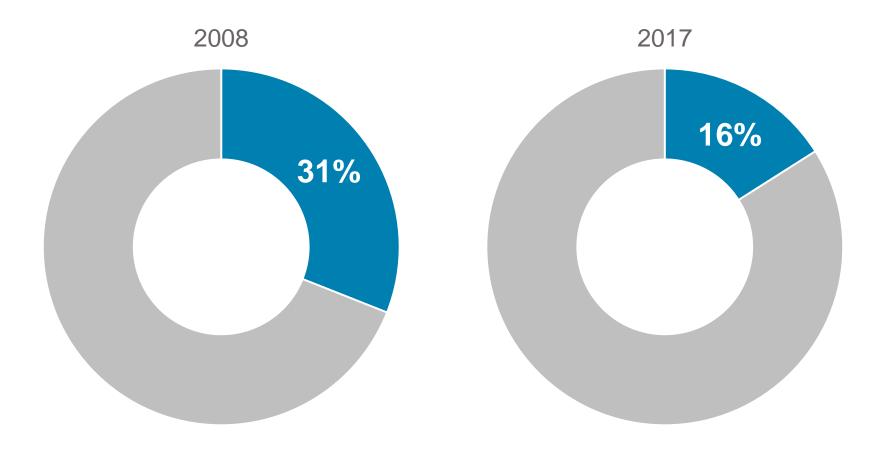
Maximize HSA accounts as long-term savings for healthcare



<sup>&</sup>lt;sup>1</sup> Prudential, "The State of Financial Wellness in America," 2017. <sup>2</sup> Bankrate's Financial Security Index, Jan. 2-6, 2019. https://www.bankrate.com/banking/savings/financial-security-january-2019/ <sup>3</sup> Federal Reserve Board, https://www.federalreserve.gov/publications/2017-economic-well-being-of-us-households-in-2016-retirement.htm <sup>4</sup> American Student Assistance, "Life Delayed: the Impact of Student Debt on the Daily Lives of Young Americans," http://www.asa.org/site/assets/files/4743/life\_delayed\_whitepaper\_2015.pdf (2015) <sup>5</sup> https://www.usatoday.com/story/money/personalfinance/2018/07/20/millennials-risk-tap-401-k-finance-home-purchase/799964002/ <sup>6</sup> EBRI. "Health Savings Account Balances, Contributions, Distributions and Other Vital Statistics, 2017: Statistics from the EBRI HSA Database."

## Since 2008, We've Been Tracking Key Indicators of Both Health and Financial Wellness in Our Own Workforce

Percentage of Prudential employees who reported feeling financial stress or anxiety





"For every person we help to achieve financial wellness, we can help improve the last 30 years of their lives."