

As a **Frost Wellness Coordinator** with Frost, you will be responsible for promoting programs and initiatives that increase employee awareness of physical fitness, nutrition, and mental health. Responsibilities will include marketing wellness initiatives, encouraging engagement and ensuring that program participation remains high; evaluating new or existing wellness programs for effectiveness; communicating with third-party vendors for Frost wellness initiatives; overseeing utilization of onsite fitness center and serve on the internal sports committee; staying abreast of changes in laws and regulations applicable to the wellness program and ensure compliance; assisting in the administration of group benefit programs; and preserving benefit plan records as needed. The candidate will provide support to employees concerning benefit program provisions and processes.

Required:

2+ years of experience in wellness administration
Excellent written and verbal communication skills
Proficient in Microsoft computer applications

Preferred:

Bachelor's degree in Kinesiology, Applied Nutrition, Public Health, or related

Frost is an Equal Opportunity Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability or veteran status.

Frost Human Resources contact number
210-220-4811