

# Health and Wellness Manager

DFW Airport, TX, United States  
May 19, 2022

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## Job Description

### Qualifications

#### Job Overview:

Under the general direction of the AVP, Total Rewards & Human Resources Operations, responsible for the administration of the Airport's health and wellness (physical and emotional) programs. Coordinates the development and implementation of health and wellness programs, such as managing vendor relationships, health assessments, lifestyle behavior challenges, educational intervention programs, training and other special events as needed to meet Board initiatives and program goals.

#### What you will be doing:

- Lead a team of employees and contractors for wellness center facility oversight including but not limited to opening and closing responsibilities, data entry, answering phone and email questions, etc.
- Coach and supervise the work of the Health & Wellness Coordinator and Health & Wellness Assistant the development and implementation of health and wellness programs, fitness activities, health assessments, lifestyle behavior challenges and educational intervention programs.
- Administers health, fitness, and wellness programs and initiatives that are aligned with the Airport's integrated health and wellness strategies (physical and emotional).

- Drives an organizational culture of health and wellness and the integration of LiveWell and the Airport's employee benefit plans and Total Rewards offerings.
- Identify and execute targeted wellness programs that align with the Airports goals related to improving population health; assisting the AVP of Total Rewards & Human Resources Operations with the design and implementation of wellness strategies that create value among employees, influences overall health, and drives reduced long-term healthcare costs.
- Manages program development, implementation, and ongoing promotion of wellness programs such as health risk assessments, health screenings, health fairs, web-based health management tools, EAP services, on-site health management workshops, intervention programs and activities to assist employees and family members in obtaining a better, healthier quality of life.
- Manages activities to ensure the DFW Airport Wellness program remains highly regarded and award winning by promoting activities, including, but not limited to seeking awards and certification for partner organizations such as Mental Health America's Bell Seal, 100 Healthiest Employers, American Heart Association, etc.
- Obtains measurable data and metrics to assist AVP of Total Rewards and Human Resources Operations in analyzing the impact of health and wellness initiatives and develops management reports detailing the cost-benefit for each initiative.

#### **What you need:**

- Bachelor's degree in exercise science, Kinesiology, health promotion or a related field.
- Five (5) years of experience in developing and implementing components of a comprehensive health and wellness program, with experience in onsite fitness programs, corporate wellness, and/or fitness and functional capacity evaluations.
- Relevant health, fitness, and/or wellness industry certification from one or more of the following: The Cooper Institute, ACE, ACSM, CSCS, NASM, NATA, NSCA, or NPTI).
- CPR/AED and first aid certification must be obtained within 6 months of hire.
- Possession of a valid Class C driver's license.

#### **What we desire:**

- Knowledge of the principles and practices of occupational health and wellness with emphasis in development, implementation, and evaluation of a comprehensive wellness program.
- Master's degree in Health, Health Promotion, Human Resources or equivalent.
- Certified in Health Promotions.
- Corporate Wellness Certification.

## About Us

We are Dallas Fort Worth International (DFW) Airport—one of the most successful airports in the world by any definition. We're recognized for our innovation, leadership, drive for excellence and talented employees.

Our success is made possible because of the diverse talents of over 2,000 employees who champion our mission of providing an exceptional airport experience to our customers and connect our community to the world. We're looking for the best talent to join us and help reimagine what an airport can be.

Bring your talents to DFW. Live and work with purpose.